

Troop 375 Backpacking Gear List

Packing

backpack with rain cover
2-3 (gallon size) Ziploc plastic bags to pack clothes

Sleeping

sleeping bag in stuff sack lined with plastic bag (20 or 30 degree)
sleep clothes—worn only in sleeping bag (T-shirt and gym shorts)
foam sleeping pad
small pillow (compression) - optional

Clothing “LAYER” (Hiking Clothes)

hiking boots
lightweight sneakers or tennis shoes (for around camp)

2 pair of clothes (wear 1 plus extra packed in plastic bag)
2 pr hiking socks (wool or smart wool, no cotton socks)
2 short sleeve shirts (synthetic is best, cotton is ok)
1 long sleeve shirt (fleece, wool, synthetic is best, cotton is ok)
1 pr hiking pants (no jeans) (zip off work great)
1 pr insulated underwear (polypro) (if needed, can be used for sleeping also, watch the weather to see if it will be cold.)
1 sweater or jacket (wool or fleece)
1 stocking cap (if cold)
1 pr gloves (if cold)
1 hat with brim
1 sturdy rain suit or poncho

Eating

1 bowl
1 spoon (or spork)
3 – 1 litre bottles (two for drinking one for cooking)

Personal Gear

1 pocket knife (must have totin chip)
1 Flashlight (small with extra batteries)
1 Map/compass
1 ditty bag for personal items (ziplock works fine)
lip balm – SPF, sunscreen (small)
insect repellent
toothbrush/toothpaste
sunglasses
hiking first aid kit
small camp towel
cards/games

Troop Equipment

Tents with ground cloth – 2 person tents

Nylon dining fly

Collapsible poles for dining fly plus stakes

2 – pots with lids (size depends on number going and type of food)

2 – backpack stoves

2 – fuel bottles

Waterproof matches/lighter

Plastic bags, salt/pepper, spices.

Soap (biodegradable)

Sponge/scruber

Hand sanitizer

Water filter

First Aid Kit

1 – 50 ft rope

1-2 bear bags (depends on number going)

Small multitype tool

1 camp trowl

Duct tape